
























 STRICT FAST
 FISH ALLOWED
 WINE & OIL ALLOWED
 DAIRY, EGGS & FISH ALLOWED

FEBRUARY 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 6:15 pm Dance Practice 7:30 pm Bible Study	2 Presentation of Our Lord 8:00 am Orthros 9:00 am Divine Liturgy 7:00 pm GOYA	3  6:15 Dance Practice	4 6:30 pm Open Gym 8:00 pm Bowling at Matador Lanes	5  6:30 pm Basketball Practice	6 1st Saturday of Souls 8:00 am Orthros 9:00 am Divine Liturgy 10:00am - 1:00pm Basketball Practice 11:00 am Sunday School Teachers Meeting
7 Judgment Sunday (Meatfare) 9:00 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	8  7:30 pm Bible Study	9  7:00 pm Philoptochos General Assembly & Movie Night 7:00 pm JOY 7:00 pm GOYA	10  St. Haralambos 8:00 am Orthros 9:00 am Divine Liturgy 6:15 Dance Practice	11  6:30 pm Open Gym 8:00 pm Bowling at Matador Lanes	12  GOYA S. California Regional Retreat 6:30 pm Basketball Practice	13  2nd Saturday of Souls 8:00 am Orthros 9:00 am Divine Liturgy 10:00 am-1:00 pm Basketball Practice 1:00 pm Baptism of Kyoko Kamiya
14 Forgiveness Sunday (Cheesefare) 9:00 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 7:30 pm Service of Forgiveness Vespers	15  LENT BEGINS Great Canon I 7:30 pm The Great Compline Service No Dance Practice this week	16  7:00 pm GOYA	17  9:00 am Liturgy of the Presanctified Gifts	18  8:00 pm Bowling at Matador Lanes	19  7:30 pm Salutations to the Theotokos	20  3rd Saturday of Souls 8:00 am Orthros 9:00 am Divine Liturgy 10:00 am-1:00 pm Basketball Practice 11:00 am Baptism of Olivia Markis
21  Sunday of Orthodoxy 9:00 am Orthros 10:00 am Divine Liturgy Joy Outing Ice Station	22  6:15 pm Dance Practice 7:30 pm Bible Study	23  7:00 pm GOYA	24  9:00 am Liturgy of the Presanctified Gifts 6:15 pm Dance Practice	25  6:30 pm Open Gym 8:00 pm Bowling at Matador Lanes	26  7:30 pm Salutations to the Theotokos	27  9:00 am - 1:00 pm Basketball Practice
28  Sunday of St. Gregory Palamas 9:00 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy Oratorical Festival Basketball Games at St. George, Downey						