



STRICT FAST



FISH ALLOWED



WINE & OIL ALLOWED



DAIRY, EGGS & FISH ALLOWED

NOVEMBER 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Sts. Cosmas & Damianos 5 th Sunday of Luke 9:00 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 1-4:00 pm Altar Boy Retreat Orpheus & Chrysi Psychi FDF Practice	2 6:15 pm - 8:00 pm Dance Practice 7:30 pm Bible Study	3 7:00 pm GOYA	4 7:00 pm-9:00 pm Dance Practice 7:30 pm Catechism Class	5 8:00 pm Bowling League at Matador Bowl	6 7:00 pm Ellinopoula FDF practice 8:00 pm Sr. Boys Basketball Practice	7 9:00 am Jr. & Sr. Girls Basketball Practice St. Katherine's GOYA Bowling Tournament
8 Synaxis of the Archangels Michael & Gabriel 7 th Sunday of Luke 9:00 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy Orpheus & Chrysi Psychi FDF Practice	9 St. Nectarios the Wonderworker 8:00 am Orthros 9:00 am Divine Liturgy 6:15 pm - 8:00 pm Dance Practice 7:30 pm Bible Study	10 7:00 pm JOY 7:00 pm Philoptochos General Assembly Movie Night	11 Veterans Day Church Office Closed 7:00 pm-9:00 pm Dance Practice 7:30 pm Catechism Class	12 8:00 pm Bowling League at Matador Bowl	13 Philoptochos Bake Sale Order Deadline 7:00 pm Ellinopoula FDF practice 8:00 pm Sr. Boys Basketball Practice	14 St. Philip the Apostle 8:00 am Orthros 9:00 am Divine Liturgy 10:00 am Jr. & Sr. Girls Basketball Practice 4:00 pm Wedding of Chrisoula Kkolis & Anthony Espinoza
15 8th Sunday of Luke Nativity Fast Begins 9:00 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy Orpheus & Chrysi Psychi FDF Practice	16 St. Matthew the Apostle 8:00 am Orthros 9:00 am Divine Liturgy 6:15 pm - 8:00 pm Dance Practice 7:30 pm Bible Study	17 7:30 pm General Assembly	18 7:00 pm-9:00 pm Dance Practice 6:30 pm Catechism Class (Teaching Divine Liturgy)	19 6:30 OPA/JOY/GOYA/YAL Thanksgiving Potluck for seniors at Aqueduct 8:00 pm Bowling League at Matador Bowl	20 7:00 pm Ellinopoula FDF practice 8:00 pm Sr. Boys Basketball Practice	21 Entrance of the Theotokos into the Temple 8:00 am Orthros 9:00 am Divine Liturgy 10:00 am Jr. & Sr. Girls Basketball Practice
22 9th Sunday of Luke 9:00 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy Orpheus & Chrysi Psychi FDF Practice	23 6:15 pm - 8:00 pm Dance Practice 7:30 pm Bible Study	24	25 St. Katherine the Great Martyr 8:00 am Orthros 9:00 am Divine Liturgy Church Office closes at Noon 7:00 pm-9:00 pm Dance Practice	26 Thanksgiving 9:00 am Divine Liturgy	27 Church Office Closed	28 9:00 am Jr. & Sr. Girls Basketball Practice 11:00 am Bishop Anthony Endowment Fund Holiday Brunch, Long Beach
29 13th Sunday of Luke 9:00 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	30 St. Andrew the First Called Apostle 8:00 am Orthros 9:00 am Divine Liturgy 6:15 pm - 8:00 pm Dance Practice 7:30 pm Bible Study	December 1 7:00 pm GOYA	December 2 7:00 pm-9:00 pm Dance Practice 7:30 pm Catechism Class	December 3 8:00 pm Bowling League at Matador Bowl	December 4 St. Barbara 8:00 am Orthros 9:00 am Divine Liturgy 7:00 pm Ellinopoula FDF practice 8:00 pm Sr. Boys Basketball Practice	December 5 9:00 am Jr. & Sr. Girls Basketball Practice 7:00 pm Great Vespers of Saint Nicholas Light Buffet Reception in the Ballroom